



Welcome to the New Year!

# 2026

Menus for January

## Available Daily

**Breakfast:**

Bagels, Pop Tarts, Yogurt, Mini Donuts, Whole Grain Cereals and more!

Breakfast includes fruit, a fruit juice choice or both and milk

**Lunch:**

Assorted Pizza, Chicken Patties Hamburgers, Cheeseburgers Fresh Deli Sandwiches and Wraps Tacos & Nachos, Assorted Salads

Lunch includes a variety of vegetables, fruits, fruit juice and milk

# BTHS

# District #201



Monday, January 5

Teacher Institute Day

NO SCHOOL

Tuesday, January 6

**Breakfast**  
-Breakfast Bagel  
Fruit, Juice & Milk

**Lunch**  
-Fiestada Pizza  
Refried Beans  
French Fries  
Fruit Choices  
Cold Milk

Wednesday, Jan. 7

**Breakfast**  
-French Toast & Syrup  
Fruit, Juice & Milk

**Lunch**  
-Sweet & Sour Meatballs with Rice & Animal Crackers  
Baked Potato  
Mixed Vegetables  
Fruit Choices  
Cold Milk

Thursday, January 8

**Breakfast**  
-Ham & Cheese Bagel  
Fruit, Juice & Milk

**Lunch**  
-Sausage, Egg & Cheese Croissant  
Tator Tots  
Green Beans  
Fruit Choices  
Cold Milk

Friday, January 9

**Breakfast**  
-Egg & Cheese Bites with Toast  
Fruit, Juice & Milk

**Lunch**  
-Pizza Burger on Bun  
French Fries  
Peas  
Fruit Choices  
Cold Milk

Monday, January 12

**Breakfast**  
-Cinnamon Rolls  
Fruit, Juice & Milk

**Lunch**  
-BBQ Rib on Bun  
Mashed Potatoes  
Carrots  
Fruit Choices  
Cold Milk

Tuesday, January 13

**Breakfast**  
-Sausage Biscuit  
Fruit, Juice & Milk

**Lunch**  
-Straw Hat  
French Fries  
Black Beans  
Fruit Choices  
Cold Milk

Wednesday, Jan. 14

**Breakfast**  
-Pancakes & Syrup  
Fruit, Juice & Milk

**Lunch**  
-Chicken & Vegetable Teriyaki Dumplings  
Baked Potato  
Corn  
Fruit Choices  
Cold Milk

Thursday, January 15

**Breakfast**  
-Bacon, Egg & Cheese English Muffin  
Fruit, Juice & Milk

**Lunch**  
-Chicken Strips with Waffles  
Tator Tots  
Green Beans  
Fruit Choices  
Cold Milk

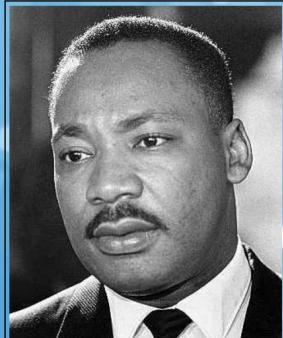
Friday, January 16

**Breakfast**  
-Biscuit & Gravy  
Fruit, Juice & Milk

**Lunch**  
-French Bread Pizza  
French Fries  
Peas  
Fruit Choices  
Cold Milk



# Snow Blowers



Martin Luther King, Jr.'s  
Birthday is commemorated  
this year on Monday,  
January 19

## Monday, January 26

**Breakfast**  
-Egg & Cheese  
English Muffin  
Fruit, Juice & Milk

**Lunch**  
-Mini Corn Dogs  
Mashed Potatoes  
Peas  
Fruit Choices  
Cold Milk

## Tuesday, January 27

**Breakfast**  
-Biscuit with Gravy  
Fruit, Juice & Milk

**Lunch**  
-Saucy Creole  
Chicken  
Soft Tacos  
French Fries  
Baked Beans  
Fruit Choices  
Cold Milk

## Wednesday, Jan. 28

**Breakfast**  
-Breakfast Pizza  
Fruit, Juice & Milk

**Lunch**  
-Orange Chicken  
with Rice  
& Goldfish Crackers  
Baked Potato  
Broccoli with Cheese  
Fruit Choices  
Cold Milk

## Thursday, January 29

**Breakfast**  
-Egg & Cheese Bites  
with Toast  
Fruit, Juice & Milk

**Lunch**  
-Pancakes &  
Chicken Patty  
Tator Tots  
Carrots  
Fruit Choices  
Cold Milk

## Friday, January 30

**Breakfast**  
-Sausage & Cheese  
Biscuit  
Fruit, Juice & Milk

**Lunch**  
-Meatball Sub  
French Fries  
Green Beans  
Fruit Choices  
Cold Milk

## Tuesday, January 20

**Breakfast**  
-Ham & Cheese  
Bagel  
Fruit, Juice & Milk

**Lunch**  
-Chicken Fajita  
with Rice  
& Apple Churro  
French Fries  
Refried Beans  
Fruit Choices  
Cold Milk

## Wednesday, Jan. 21

**Breakfast**  
-Scrambled Eggs &  
Cinnamon Toast  
Fruit, Juice & Milk

**Lunch**  
-Popcorn Chicken  
with Mac & Cheese  
Baked Potato  
Carrots  
Fruit Choices  
Cold Milk

## Thursday, January 22

**Breakfast**  
-Breakfast Bagel  
Fruit, Juice & Milk

**Lunch**  
-French Toast with  
Sausage & Egg  
Patties  
Tator Tots  
Corn  
Fruit Choices  
Cold Milk

## Friday, January 23

**Breakfast**  
-Pancake & Sausage  
on a Stick  
Fruit, Juice & Milk

**Lunch**  
-Cheese Ravioli  
with Breadstick  
French Fries  
Green Beans  
Fruit Choices  
Cold Milk

# DO IT FOR YOU, TOO.

Volunteering isn't just good for those who might need your help -- it's good for you, too. Serving as a volunteer has been shown to improve self-confidence, teach job skills, combat depression,

  
and increase physical activity among volunteers of all ages. That's a wellness win-win!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
**WELLNESS IS A WAY OF LIFE!**

