

Monday, March 11
-Ham \& Cheese Bagel
Fruit, Juice \& Milk
Lunch -Straw Hat Mashed Potatoes Baked Beans Fruit Choices Cold Milk

Monday, March 18

## Breakfast

 -Breakfast Burrito Fruit, Juice \& Milk
## Lunch

-Mini Corn Dogs Mashed Potatoes

Peas
Fruit Choices Cold Milk

Monday, March 25

Tuesday, March 12
Breakfast
-Pancake \& Sausage
on a Stick
Fruit, Juice \& Milk
Lunch
-Chicken Fajita
with Rice whice French Fries Green Beans Fruit Choices Cold Milk

## Wednesday, Mar. 13

## Breakfast

-Egg \& Cheese Biscuit
Fruit, Juice \& Milk
Lunch -Chicken \& Vegetable Terriyaki Dumplings Baked Potato Peas
Fruit Choices Cold Milk
Wednesday, Mar. 20

| Tuesday, March 19 |
| :---: |
| Breakfast |
| -Biscuit with Gravy |
| Fruit, Juice \& Milk |

## Lunch

## -Crunchy Beef or

 Chicken Tacos French Fries Black Beans Fruit Choices Cold Milk
## Breakfast

-Breakfast Pizza
Fruit, Juice \& Milk

## Lunch

-Orange Chicken with Rice
\& Goldfish Crackers Baked Potato Broccoli with Cheese Fruit Choices Cold Milk

## Breakfast

 -Breakfast Bagel Fruit, Juice \& Milk
## Lunch

-Chicken Parmesan Pasta
French Fries Carrots Fruit Choices Cold Milk

| Friday, March 22 |
| :---: |
| Breakfast |
| -Ham \& Cheese |
| Bagel |
| Fruit, Juice \& Milk |

## Lunch

-Pulled Pork
Mac \& Cheese and Bread Slice Tator Tots Carrots
Fruit Choices Cold Milk

Lunch
-Cheese Ravioli With Breadstick French Fries Green Beans Fruit Choices Cold Milk


$G^{\mathrm{y}}$et a watch with a second hand, and then time yourself to see how long it takes you to find the FOUR-LEAF CLOVER in the puzzle!

People can eat clover (it's actually a good source of protein), but it's hard for us to digest. So how does clover figure into our diets? Well, some of the meat we eat comes from animals that eat a lot of clover, and clover is also a favorite source of nectar that bees turn into honey. Just because we don't eat something, that doesn't mean it's not important for us! Learn more at www.CHOOSEMYPLATE.gov or https//kidshealth.org/kid/stay healthy/food/pyramid.html

